



# AVATAR LILA

Motivational Speaker | TEDx  
Life Strategist | Thought Leader

avatarlila



# About

Avatar is a thought-provoking communicator, unconventional thinker and a life strategist. Having devoted himself to help people lead a life of purpose and fulfilment, he believes that each human is a repository of immense potential and thus helps each individual become a better version of themselves.

A graduate in Electrical engineering from NIT Kurukshetra, Avatar completed his Masters at the prestigious Indian Institute of Science, Bangalore (IISc). His academic background is an example of his spirit of giving one's best at any task at hand. At IISc he received the best student and best research project awards.



**UNSW**  
AUSTRALIA



**ADITYA BIRLA  
CAPITAL**



1875



**TED<sup>x</sup>**



The   
Malabar Hill  
Club

 **L&L Products**

**Raymond**

**TED<sup>x</sup>IIMAmritsar**

x = independently organized TED event



**D Y PATIL  
UNIVERSITY**



**CLO | Chief Learning Officers Summit India**

7th and 8th August 2019, Mumbai

Organizational Learning: **Impacting Business. Changing The Game.**

He formerly worked in Research & Development with MNCs like Honeywell and Emerson and within a short span, he filed patents and was awarded the Youngest Innovator Award at Honeywell. He also appeared for the Indian Engineering Services exam, conducted by UPSC, securing a mighty All India Rank 4.

Driven by the motivation to discover his inner self, he left the comforts of a rewarding corporate career to move to the minimalistic and humble settings of a monastery to learn ancient philosophical texts, observe and assimilate from the example of his guides and mentors.

After being a practitioner of meditation and spiritual knowledge for over a decade, he now shares his insights and experiences through interactive talks and workshops.

His speaking engagements and immersive sessions are focused around personal and professional growth. He has given several motivational talks, imbued with humorous anecdotes, at various prestigious platforms including TEDx. He finds pleasure in conversing with a wide spectrum of society, from CXOs at the top of their game, to ambitious students.

His humble signature mix of rare intellect, serene demeanour, relatability, perseverance and friendly charm, makes him sought after and admired.

# WORDSWORTH

“

His unique ability to blend the ancient wisdom with modern day situations faced by CEOs, CXOs, students, others is transformational and most satisfying.

- Tushar Shah, CEO, Aditya Birla Infrastructure Finance

”

“

With his crisp delivery style, the 60-minute power-talks were a blitzkrieg of knowledge, anecdotes and case studies from the business world and ancient wisdom, perfectly laced with wit and audience participation, leaving us enriched with clarity of thought and purpose.

- Sushir Lohia, Managing Director, Barclays Bank PLC

”

“

Avatar's uncanny ability to connect ancient wisdom with contemporary issues is profound. It's a delightful experience everytime I listen to him. Truly an inspiration.

- Rohit Mehra, IRS, Limca book of World Record

”

“

I would gladly recommend him to anyone seeking guidance in the areas of people management, conflict resolution, clarity of thought, decision making and for those seeking a higher sense of purpose!

- Harsha Pai, CEO, Datamatics Business Solutions Ltd.

”

“

I am sure Avatar will be unique in his coaching, inspiring, motivating and helping organizations, individuals being successful in his new life moving forward not only in India but around the world.

- Nitin Mehta, President (Asia-Pacific), L&L Products

”

“

He helps you find method in madness, calm in a storm and fresh perspective to deal with the vicissitudes of personal and professional life.

- Anuj Mithani, Angelpreneur, former investment banker with Citigroup, UBS and Moelis & Co., Fintech CFO

”

“

I am thankful to him for all the amazing conversations we have had there after which have been thought provoking and enlightening.

- Irendra Chhabra, Global Head - Spend Management, Startek

”

“

I strongly recommend and endorse Avatar as not only a serious management coach but also as an amazing friend, philosopher and guide.

- Gopal Narang, CMD, Narang Realty

”

“

Avatar's content was highly engaging, each and every one attending the webinar participated and felt included, overall, it gave a fresh perspective on how we live life and the resilience to move forward during tough times. I would highly recommend Avatar's talks for individuals and organizations.

- Abhijit Malkani, Country Head, ESR India

”

# Corporate Talks



Navigating through Crisis



Road to Recovery



Rebound - The Art of Rising Back



Mindfulness



The Outward Mindset



Self-Worth



Leadership & Self Deception



Dealing with Change



Decisions



IMPACT



Relationships in Workplace



Overview of personality types

For more details or to invite Avatar Lila as a speaker,  
please write to us at: [contact@avatarlila.com](mailto:contact@avatarlila.com)

# AVATAR LILA



LIKE | FOLLOW | SHARE | SUBSCRIBE

[www.avatarlila.com](http://www.avatarlila.com)

“When your convictions are deeper than your insecurities, your life becomes more meaningful.”